

NOURISH YOUR EXPERTISE

AGENDA

08.30 - 09.30 ARRIVAL & REGISTRATION

09:30 - 09:40 **Chair's opening**
Bahee van der Bor - Specialist Paediatric Dietitian

09:40 - 10:20 **Prebiotics, probiotics & the gut microbiome: optimising immunity & allergy management in children**
Bahee van der Bor - Specialist Paediatric Dietitian

10:20 - 11:00 **Nutrition in a heart beat - understanding the dietetic challenges of the child with congenital heart disease**
Samantha Armstrong - Specialist Paediatric Dietitian

11:00 - 11:30 BREAK

11:30 - 12:10 **Exploring the role of paediatric dietitians in achieving the NHS Green Plan**
Dr Luise Marino - Paediatric Dietitian

12:10 - 12:50 TBC

12:50 - 13:50 LUNCH

13:50 - 14:30 **An update on paediatric food allergy and immunotherapy**
Prof Jonathan Hourihane - Consultant Paediatrician

14:30 - 15:10 **The hidden struggle: nutrition support for children in diverse and low-income communities**
Jodie Owen and Sophie Rawlings - Community Paediatric Dietitians

15:10 - 15:30 BREAK

15:30 - 16:10 **Practical strategies for paediatric dietitians - supporting highly selective eaters & ARFID**
Angharad Banner - Highly Specialist Paediatric & CAMHS Dietitian

16:10 - 16:20 SUMMARY AND CLOSE