

Picture a better recovery

Strengthen your tube feeding patients
as they return to the community¹

The graphic features a large circular path with various stages and goals:

- Recovery journey** (curved text along the top left)
- Discharge** (large text in the center left)
- Hospital** (large text in the bottom left)
- Tube feeding in the community** (large text in the center right)
- GOALS AND BENEFITS:**
 - IMPROVE STRENGTH
 - QUALITY OF LIFE
 - SUPPORT GROUPS
 - OPTIMISE PROTEIN INTAKE
 - MEET NUTRITIONAL NEEDS
 - NEW ROUTINES
 - HOMEWARD
- ILLUSTRATIONS:** A patient in a wheelchair, a patient in a hospital bed, a patient painting, and a patient writing.

NUTRICIA
Nutrison
High Protein Range

This information is intended for
healthcare professionals only.

PROTEIN IS REQUIRED FOR MAINTENANCE OF BODY CELL MASS AND BODILY FUNCTIONS²







Protein is a VITAL macronutrient for

- **WOUND HEALING**
- **Supporting IMMUNE RESPONSE**
- **Maintaining LEAN BODY MASS**

for patients in the Intensive Care Unit, wards or at home.^{2,3}

Protein requirements

Protein requirements are calculated based on disease and nutritional status. If no protein guideline is available, the PENG Requirements Guideline Group 2018 recommends using 1.0–1.5 g protein/kg actual body weight/day.⁴

	PENG guidelines	1.0–1.5 g/kg/day⁴
	Oncology	1.0–1.5 g/kg/day⁵
	Inflammatory bowel disease	Active 1.2–1.5 g/kg/day Remission 1.0 g/kg/day⁶
	Liver	Alcoholic steatohepatitis/cirrhosis/poor liver transplant 1.2–1.5 g/kg/day⁷
	Older adults (>65 years)	1.2–1.5 g/kg/day ; up to 2.0 g/kg/day in severe illness, injury, marked malnutrition ⁸
	Pressure ulcers	At risk & those with pressure ulcers 1.25–1.5 g/kg/day⁹

The Nutrison Range are Foods for Special Medical Purposes for the dietary management of disease related malnutrition in patients requiring enteral nutrition and must be used under medical supervision.

THE NUTRISON PROTEIN PLUS TUBE FEEDS ARE DESIGNED TO STRENGTHEN YOUR TUBE FEEDING PATIENTS IN THE COMMUNITY¹

NUTRITIONAL VALUE PER 100 ml

Energy 125 kcal
Protein 6.3 g
Carbohydrate 14.2 g
Fat 4.9 g
Fibre <0.1 g



NUTRICIA
Nutrison
Protein Plus



NUTRITIONAL VALUE PER 100 ml

Energy 128 kcal
Protein 6.3 g
Carbohydrate 14.1 g
Fat 4.9 g
Fibre 1.5 g



NUTRICIA
Nutrison
Protein Plus Multi Fibre

NUTRITIONAL VALUE PER 100 ml

Energy 150 kcal
Protein 7.5 g
Carbohydrate 16.9 g
Fat 5.8 g
Fibre <0.1 g



NUTRICIA
Nutrison
Protein Plus Energy

Only selected nutrients are shown.
Full product and nutritional
information can be found at
www.nutricia.co.uk





DISCOVER THE FULL NUTRISON HIGH PROTEIN RANGE

To support your patients at every stage of their journey to recovery



**Nutrison
Protein Intense**



**Nutrison
Protein Advance**



**Nutrison Protein Plus
Nutrison Protein Plus Multi Fibre
Nutrison Protein Plus Energy**

Throughout your patients' journey, they may also benefit from the high protein products below:



**Protein Top Up
Nutrison Protein Shot**



**GI intolerance
Nutrison Peptisorb Plus HEHP**



**Hyperglycaemia
Nutrison Dison Energy HP**

Find out more
at **Nutricia.co.uk**



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Accurate at time of publication: April 2024