

# How to feed using Nutrison Bolus Energy HP and Flocare Bolus Pouch Connector.

Make sure you have everything you need  
prepared on a clean surface



Nutrison Bolus Energy  
HP pouch



Flocare Bolus Pouch  
Connector



Water for flushing the  
feeding tube



Syringe for flushing the  
feeding tube

## Before you start



Wash your hands



Check the expiry date  
of the connector and  
feed pouch, and that  
there is no damage to  
any of the packaging

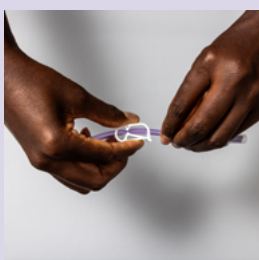


Massage the pouch for  
10 seconds to ensure no  
lumps are present

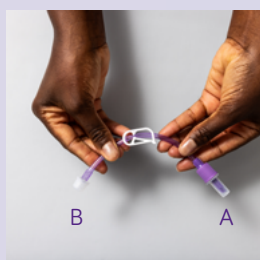


Flush your feeding tube  
as per your guidance  
from your managing HCP

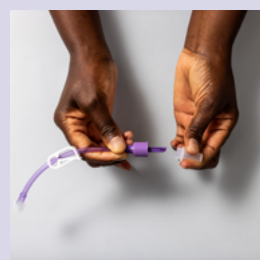
## Now connect the pouch to the connector and start administering



Ensure you close the  
clamp before connecting  
to the pouch



The connector has two  
different ends and A =  
connection for pouch,  
B = connection for  
feeding tube (ENFit end)



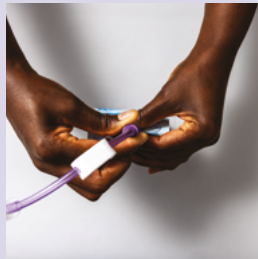
Loosen the cap from the  
pouch connection end (A)  
and keep it ready for use



Twist the cap to open the  
pouch - do not squeeze  
of tip once opened



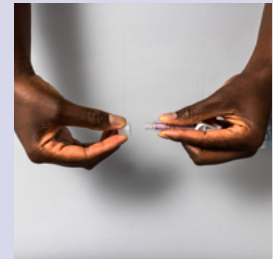
Attach the connector securely onto the pouch



Ensure to twist until fully connected



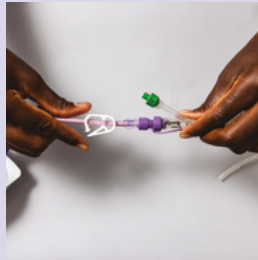
Open the clamp then prime/fill the connector. Then close the clamp to avoid spillage.



Remove the cap from the connection for the feeding tube end (B)



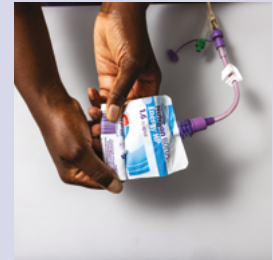
Attach to feeding tube



Open the clamp



Slowly squeeze the pouch to administer the tube feed



Fold the pouch (repeat a couple of times) to ensure you empty

## Once the pouch is empty



When the pouch is empty, disconnect the connector



Flush your feeding tube as per guidance from your managing HCP



Keep the connector attached to the empty pouch and place the cap back on the connector



Store the empty pouch and connector in a clean dry place. For example, a clean plastic container with lid or zip-lock bag



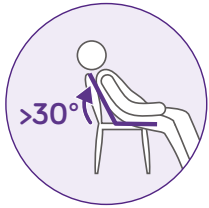
When it's time to use your next pouch, disconnect the connector from the empty pouch and follow the steps to connect to the new pouch



Discard the empty pouch in general household waste. Do not use the Flocare Bolus Pouch Connector for more than 24 hours. Discard in general household waste.

## Important things to remember

### General recommendations



Use a comfortable sitting semi-recumbent position. If unable, lay on one side

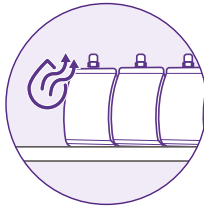


Before feeding, check the position of the feeding tube if instructed to do so by your managing HCP



Scan to view online sources

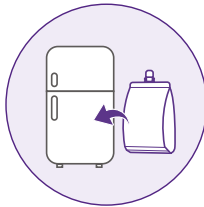
### For the pouch



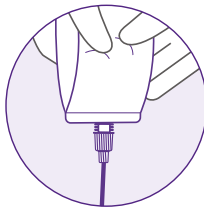
✓ Store the unopened product in a cool and dry place with a temperature between 18–25°C

✓ Avoid placing the product next to radiators or direct sunlight

✓ This product has a shelf life of 9 months

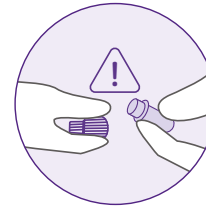


Once opened, the pouch can be stored in the refrigerator for up to 12 hours, either with the cap or with the same connector still attached and closed

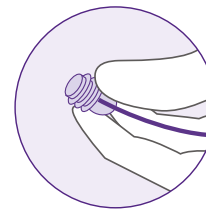


Recommended to only use in combination with the Flocare Bolus Pouch Connector

### For the connector



Choking hazard; loose parts (ENPlus and ENFit caps; Nutrison Bolus pouch cap)



The Flocare Bolus Pouch Connector shall only be connected with ENFit enteral devices and Nutrison Bolus Energy HP



For enteral use only. Not for intravenous use. No modification to the devices allowed

**For any clinical concerns please contact your managing Healthcare Professional**

Nutrison Bolus Energy HP is a food for special medical purposes for the dietary management of disease-related malnutrition. It must be used under medical supervision.

The Flocare Bolus pouch connector is a medical device intended to connect to the Nutrison Bolus Energy HP pouch. Always follow the manufacturer's instruction for safe and effective use.