



NUTRICIA
neocate
Junior

TUBE FEEDING PARENT GUIDE

This guide is intended for parents or carers of children, who have been prescribed Neocate Junior by a Healthcare Professional.

Accurate at time of publication: July 2019

NUTRICIA

WELCOME

Welcome to your Neocate Junior Tube Feeding Parent Guide. Inside this booklet, you will find all the information that you will need to get your child started on Neocate Junior, as well as useful tips and advice for using Neocate Junior as a tube feed.

Neocate Junior is a Food for Special Medical Purposes for the dietary management of Cow's Milk Allergy, Multiple Food Protein Allergies and other conditions requiring an Amino Acid-based Formula, and must be used under medical supervision after full consideration of all feeding options including breastfeeding.

REMEMBER

Always follow your Dietitian's advice if it differs to the information within this guide.

YOUR CHILD'S FEEDING REGIME

To be completed by your child's Dietitian:

CHILD'S NAME

DATE RECOMMENDED

TOTAL RECOMMENDED VOLUME PER DAY

FEEDING REGIME:

☐ Continuous Feed ☐ Bolus Feed

RECOMMENDED CONCENTRATION OF
NEOCATE JUNIOR

- ☐ 0.69kcal/ml (14.5% w/v)
☐ 1kcal/ml (21% w/v)
☐ 1.26kcal/ml (26.5% w/v)

Other: _____ kcal/ml _____ % w/v

RATE/VOLUME OF FEEDS TO BE PROVIDED

_____ ml/hr or _____ ml
over _____ hours

ADDITIONAL WATER FLUSHES / MEDICATIONS

GUIDANCE ON INTRODUCING NEOCATE JUNIOR

PREPARATION RECOMMENDATIONS

- ☐ Cooled boiled water
- ☐ Tap water

Other: _____

- ☐ Scoop in tin (7.3g)
- ☐ Large blue scoops* (27g)



Other scoops: _____

- ☐ Weigh powder using digital kitchen scales



*Large blue scoops are available through your Dietitian, who can contact the Nutricia Resource Centre to obtain these scoops.

GUIDANCE TO PREPARE EACH FEED

Water: _____ ml
Number of scoops added to water: _____

or weight of powder added: _____ g
Prepares an approximate final feed volume of: _____ ml

ADDITIONAL GUIDANCE

WHAT IS NEOCATE JUNIOR?

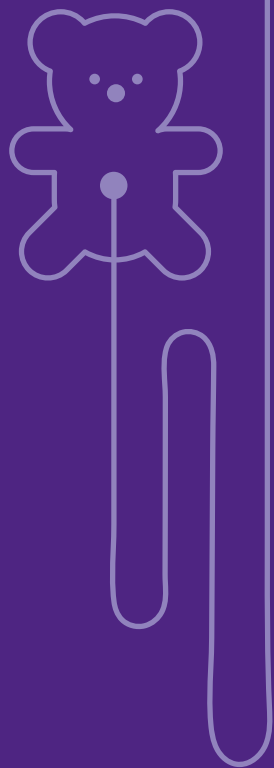
Neocate Junior is an Amino Acid-based, hypoallergenic formula specifically designed for the dietary management of children from 1 year of age with Cow's Milk Allergy (CMA), Multiple Food Protein Allergies (MFPA) or other conditions that require an Amino Acid-based Formula.

Conditions which may require dietary management using a feed such as Neocate Junior include malabsorption, short bowel syndrome and a range of other complex conditions. If your child cannot tolerate the whole proteins or broken down proteins present in some other feeds, or they have an allergy or intolerance to cow's milk protein, they may be prescribed Neocate Junior. Neocate Junior does not contain any cow's milk protein, and instead is made from the individual amino acid 'building blocks' which form proteins, and so it may be easier for your child to tolerate.

Neocate Junior can be used to fully meet your child's nutritional requirements or to provide additional nutrients to support a restricted diet. Your Dietitian has recommended that your child requires Neocate Junior to meet all or part of their nutritional requirements, and that it can be delivered through a feeding tube. Neocate Junior can also be taken as a drink if your child is able to safely swallow liquids, but this should be discussed with your Doctor or Dietitian first.

Neocate Junior is available in Unflavoured, Strawberry and Vanilla flavours. Please speak to your Doctor or Dietitian if you have any questions about how your child should be taking Neocate Junior.





WHY HAS MY CHILD BEEN PRESCRIBED NEOCATE JUNIOR?

Neocate Junior has been prescribed by your Dietitian because your child is over 1 year of age, and requires an Amino Acid-based Formula to meet all, or part, of their nutritional requirements. This guide provides information on using Neocate Junior as a tube feed.

MY CHILD IS ALREADY ON A HYPOALLERGENIC / AMINO ACID-BASED FORMULA -WHY DO WE NEED TO SWITCH TO NEOCATE JUNIOR?

As children get older their nutritional requirements change. It is important to ensure that their feed is adapted so that it continues to provide sufficient energy, protein, vitamins and minerals.

PREPARING NEOCATE JUNIOR



1 Wash your hands and clean the preparation area.



2 Use clean equipment and utensils to prepare the feed.



3 Measure the required amount of warm or cool water into a container.

See pages 2 - 3 for your Dietitian's advice of how much water to use, and whether to use tap water, or cooled boiled water.



4 Add the prescribed number of level scoops (or weighed amount) of Neocate Junior into the water. One level scoop provided in the tin holds 7.3g of Neocate Junior.

Your Dietitian might recommend using different sized scoops instead of the scoop provided in the tin, see pages 2-3 for your Dietitian's advice.



5 Cover and shake or whisk until the powder has dissolved.



6 Once prepared, refrigerate and consume within 24 hours.



7 When used as a tube feed, Neocate Junior can hang for a maximum of 4 hours. Discard unused feed in the container after this time.



8 Shake or stir the feed immediately before serving.

REMEMBER

Follow your Dietitian's advice (pages 2 - 3) on how to prepare Neocate Junior according to your child's specific needs. Ask your Dietitian if you are unsure.



WHAT TO EXPECT WHEN FIRST USING NEOCATE JUNIOR

Neocate Junior has been shown in a UK clinical study to be well tolerated by children who were tube fed.

Please do not be concerned about changing your child's feed to Neocate Junior. Following the advice provided by your Dietitian and within this guide will help the transition go smoothly.

Your Dietitian may advise that you gradually introduce Neocate Junior into your child's existing feed, or start with Neocate Junior being more dilute than usual. This is to help your child adapt to the change in their feeds. See page 12 for more information.

REMEMBER

Always speak to your child's Dietitian if you have any questions or concerns, and follow their guidance on pages 2-3.



PRACTICAL TIPS FOR PREPARING NEOCATE JUNIOR AS A TUBE FEED

- Introduce Neocate Junior as soon as possible after it has been prescribed.
- If your child experiences any unusual symptoms after introducing Neocate Junior (e.g. changes in stools, vomiting, nausea etc) speak to your Doctor or Dietitian. It may be possible to slow down the introduction of the new feed and give your child more time to adapt.
- You may notice some changes in your child's stool colour when they move on to Neocate Junior. Stools may appear darker or more green in appearance, which is due to the way the formula is digested. Always speak to your Doctor or Dietitian if stools are black in colour, or if your child experiences any unusual or concerning changes in stool consistency. Changes in stools may take a few days or weeks to settle.
- Follow your Dietitian's advice (pages 2-3) about any additional water you may need to give through your child's feeding tube, and any water to flush the tube e.g. before and after medications.
- Unlike ready to use liquid tube feeds, Neocate Junior requires careful preparation before it can be used as a tube feed. *Some practical tips for preparing Neocate Junior can be found on pages 9 -10.*
- Check the instructions on page 2-3 for guidance on the amount of powder and water to use, and always use clean or sterilised equipment to prepare feeds.
- By following your Dietitian's advice carefully, you will ensure that your child's feed is prepared correctly and safely.



PRACTICAL TIPS FOR PREPARING NEOCATE JUNIOR AS A TUBE FEED

- Do not prepare Neocate Junior with boiling water, as this may affect the vitamins & minerals. Do not use a microwave oven to prepare the feed.
- Always measure out the required volume of water first and add the powder afterwards.
- After mixing, you may find there are bubbles on the surface of the feed. You may wish to leave the feed to stand for a short while before feeding to allow these to settle.
- This will help avoid the pump alarming, and allow you to check that the correct volume has been prepared more easily.



If you prepare the feed in advance and leave it to stand in a refrigerator before feeding, stir gently just before feeding to ensure the powder is fully dissolved into the feed.



Neocate Junior should not stay at room temperature for any more than 4 hours. Additional feeds required after 4 hours of feeding should be prepared fresh.



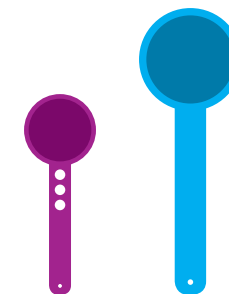
WHICH SCOOP SHOULD I USE TO PREPARE NEOCATE JUNIOR?

Each tin of Neocate Junior comes with a pink scoop inside (holding 7.3g of powder per level scoop).

Your Dietitian may advise you use a different sized scoop to make preparing the feeds easier, for example the large blue scoop (which holds 27g of powder per level scoop).

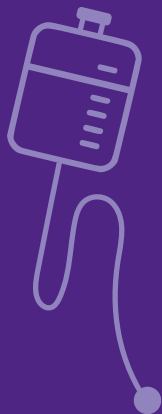
Use a clean, dry knife to level off the powder in each scoop to ensure the correct amount is used. Do not tap the scoop on the side of the tin and do not use heaped scoops of powder.

They might also advise you to use digital weighing scales instead of scoops.



REMEMBER

Follow your Dietitian's advice if it differs to the information in this booklet



GRADUALLY TRANSITIONING YOUR CHILD FROM THEIR CURRENT FEED TO NEOCATE JUNIOR

While many children will tolerate a direct switch from their current feed to Neocate Junior, some sensitive children may need to be transitioned more slowly onto Neocate Junior. This gradual transition can be achieved by mixing Neocate Junior with your child's usual feed.

Depending on the severity of your child's usual symptoms, your Dietitian may recommend that you introduce Neocate Junior even more gradually than is shown here.

An example of a step by step transition onto Neocate Junior is shown on the next page.



Day 1-3

Make up your child's usual feed to $\frac{3}{4}$ (75%) of what they should take in that feed. Make up the remaining $\frac{1}{4}$ (25%) of the feed with Neocate Junior. Repeat this for each feed for 1-3 days.

Day 4-6

Make up $\frac{1}{2}$ (50%) of the required amount of their usual feed, and the remaining $\frac{1}{2}$ (50%) of the feed with Neocate Junior. Repeat this for each feed for a further 1-3 days.

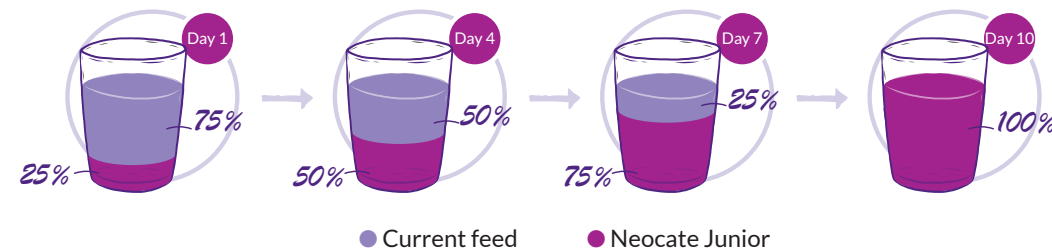
Day 7-9

Make up $\frac{1}{4}$ (25%) of the required amount of their current feed, and the remaining $\frac{3}{4}$ (75%) with Neocate Junior. Repeat this for each feed for a further 1-3 days.

Day 10-12

If tolerated, mix up the full recommended amount of feed with Neocate Junior.

If your child does not accept the increasing amount of Neocate Junior during the transition period, speak to your Dietitian for advice. They may suggest reducing the current amount of Neocate Junior and subsequently increasing the amount even more gradually.



REMEMBER

For guidance only. Transition according to your child's tolerance of the new feed.

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Supporting you

Dedicated Helpline

UK: 01225 751 098

NI: 0800 783 4379

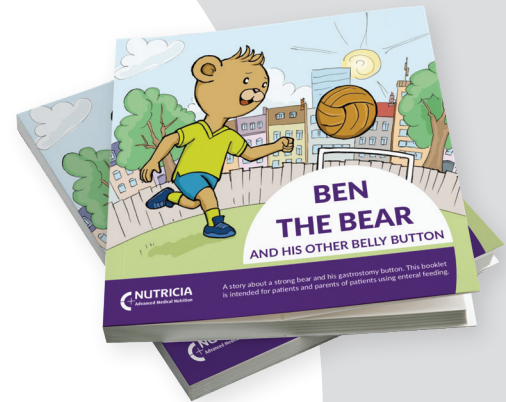
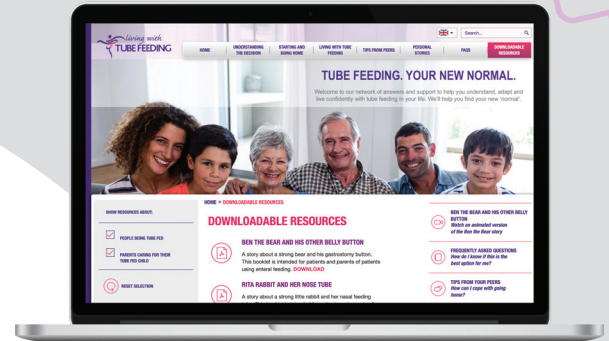
ROI: 1800 923 404

www.tube-feeding.com

A support network to help you and your child live confidently with tube feeding. Here you will find a series of downloadable children's story booklets explaining life with a feeding tube.

myneocate.co.uk and My Neocate App

Advice, videos and FAQs for parents of children who have been prescribed Neocate.



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