#### Infatrini Feeding Advice

(To be completed by Healthcare Professional)

#### Infant's Name



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#### Special Instructions



#### Follow Up

#### Weight Record

#### (To be completed by Parent or Healthcare Professional)



## (NUTRICIA PARENT GUIDE



Nutritionally complete formulation designed for infants and young children to support catch up growth

This parent guide is intended for parents and carers of children who have been prescribed Infatrini by a Healthcare Professional.

Infatrini is a Food for Special Medical Purposes for the dietary management of disease related malnutrition and growth failure in infants and young children. It must be used under medical supervision after consideration of all feeding options, including breastfeeding.

Accurate at time of publication: December 2019

### (NUTRICIA Infatrini

# Why Is Your Child's Nutrition So Important?

- Nutrition plays a crucial role in your child's growth and development, both now and in later life. That's why it's so important your child gets the best possible balance of essential nutrients during their growing years.
- Nutritional intake may be impaired during illness or following surgery. This is because both the effects of the illness and its treatment may increase a child's nutritional requirements and can reduce their appetite.
- Reduced food intake, together with a possible increase in nutritional needs due to, for example, diarrhoea, vomiting, fever or infection, can result in an inadequate nutrient intake and subsequently poor growth.

...It's So Important Your Child Gets The Best Possible Balance Of Essential Nutrients During Their Growing Years.

## What Is Infatrini?

Infatrini is a ready to drink, energy dense specialised infant feed.

# Why Does My Child Need Infatrini?

Infatrini is a nutritionally complete feed containing energy, protein, vitamins and minerals. Infatrini is nutritionally tailored to meet the needs of infants and young children with faltering growth or increased nutritional requirements.

## When To Use Infatrini

Infatrini should be used as prescribed by your Doctor or Dietitian.

## How Much Infatrini Should I Give My Child?

The recommended amount of Infatrini that your child would receive should be determined by a Doctor or Dietitian. The volume given to your child is dependent on age, body weight and the medical condition.

## **Bottle And Cup Feeding**

Infatrini may be poured from the bottle into a feeding cup/bottle. Infatrini is sterile\* and ready to use at room temperature. Do not boil and do not use a microwave to heat Infatrini, as this may affect the nutritional content and delivery of the product. Infatrini may be warmed by placing the unopened bottle in a bowl of warm water.

Remember to test the temperature on your wrist before feeding.

## **Tube Feeding**

Infatrini comes in different sizes, which are suitable for tube feeding. Please speak to your Healthcare Professional for more information.

## **Cooking With Infatrini**

Infatrini can be used in recipes for your child, but you should check with your Dietitian first if this is suitable. A recipe booklet is available from your Dietitian. Infatrini can be warmed carefully but never boiled, as boiling can affect the nutritional content/delivery.

## Infatrini is Sterile<sup>\*</sup> and Ready To Use At Room Temperature.

### How Do I Store Infatrini?

- Store in a cool, dry place (5-25°C) and away from direct sunlight.
- Once opened, Infatrini bottles should be stored in the refrigerator (<4°C) immediately and unused contents should be discarded within 24 hours. If kept outside the fridge unused contents should be discarded within 4 hours. Always discard unfinished feeds.





\* Infatrini is UHT sterilised.