

Is Souvenaid right for me?

Souvenaid is a Food for Special Medical Purposes for the dietary management of early Alzheimer's disease and must be used under medical supervision. This means that you must speak to a doctor, specialist nurse or pharmacist to see whether Souvenaid is appropriate for the person you are caring for.



For more information visit
nutricia.co.uk

Nutricia is the UK's leader in Medical Nutrition

At Nutricia we believe medical nutrition is an integral part of healthcare.

Our focus is on supplying high quality products, systems and support services to patients and healthcare professionals. With a heritage of innovation spanning more than 100 years, Nutricia is the largest provider of specialist medical nutrition in Europe and the market leader in the UK and Ireland.

To learn more, please visit
www.nutricia.co.uk

NUTRICIA
Souvenaid®

AMN0630
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Caring for someone with early Alzheimer's?

An innovative product for the dietary management of early Alzheimer's disease.

Ask your doctor, specialist nurse or pharmacist whether Souvenaid® could be suitable for the person you are caring for.

Souvenaid® is a Food for Special Medical Purposes for the dietary management of early Alzheimer's disease. Souvenaid must be used under medical supervision. Speak to your doctor, specialist nurse or pharmacist for more information.

An innovative **nutritional product** for the dietary management of early Alzheimer's disease.

The role of nutrition in early Alzheimer's

People living with early Alzheimer's disease have been shown to have relatively low levels of a range of nutrients in their bodies despite eating a normal diet.

These nutrients are required in the process of making new connections in the brain called synapses.

Omega 3 fatty acids, Uridine Monophosphate and Choline, together with several key vitamins, all work together to help this process.

The loss of synapses is one of the key features of early Alzheimer's disease.

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How is Souvenaid used?

- Souvenaid is designed to be taken once daily.
- Souvenaid is intended to be used in addition to a healthy diet.
- Souvenaid is best taken chilled.
- Souvenaid is easily incorporated into an everyday routine – why not have it as part of a balanced breakfast?
- It takes time for these nutrients to be taken up and used by the body, so there is no noticeable effect straight away.
- Therefore, it is important to keep taking Souvenaid every day to ensure a continuous and adequate supply of important nutrients for the brain.

Can Souvenaid be used together with medication?

Souvenaid contains nutrients that are naturally present in food and it may be taken with standard medication for Alzheimer's disease. Discuss with your healthcare professional, such as your doctor, specialist nurse or pharmacist.

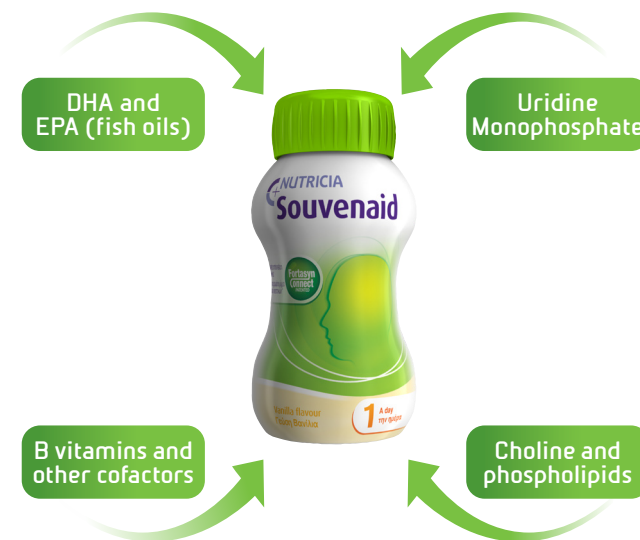
Other considerations

Souvenaid is lactose and gluten free. Souvenaid is not suitable for people with allergies to fish, soy or milk. If you are in any doubt, speak to your doctor, specialist nurse or pharmacist.

Useful information about Souvenaid

What is in Souvenaid?

Souvenaid contains a unique combination of nutrients at levels that are difficult to achieve from diet alone; DHA and EPA, B vitamins, UMP, Choline and phospholipids.



DHA = Docosahexaenoic acid
EPA = Eicosapentaenoic acid:(DHA and EPA are Omega-3 fatty acids)
UMP = Uridine Monophosphate

Souvenaid is available in two flavours, strawberry and vanilla. It comes in a convenient 125ml bottle.

To purchase Souvenaid from Nutricia please visit nutricia.co.uk and search for Souvenaid