

A parent's guide TO ANAMIX ~ Infant ~



This guide is intended for parents and carers of children who have been prescribed an Anamix Infant product by a healthcare professional.

NUTRICIA
Anamix

Anamix Infant

Designed to be a suitable nutritional beginning for infants with Inherited Metabolic Disorders (IMD)

INFORMATION ABOUT YOUR CHILD

Baby's name _____

Date of birth _____

Birth weight _____

Dietitian's/doctor's name _____

Contact number _____



- Contains fructooligosaccharides (FOS) and galactooligosaccharides (GOS) which may be of benefit to your baby. Contact your healthcare professional to find out more.
- Well tolerated and accepted
- Easy to use alongside weaning protein substitutes such as PKU Anamix First Spoon (100ml PKU Anamix Infant = 5g PKU Anamix First Spoon = 2g PE)
- Suitable from birth and up to 3 years as a supplementary feed

WHAT IS ANAMIX INFANT?

The Anamix Infant range are Foods for Special Medical Purposes for the dietary management of inherited metabolic disorders in infants, from birth to 12 months and as a supplementary feed up to three years of age, and must be used under medical supervision.

PREPARATION INSTRUCTIONS FOR ANAMIX INFANT

Each level scoop (5g) of Anamix Infant requires 30ml / 1 fl.oz of water to make the correct concentration.

- 1 - 4 Pour the amount of cooled boiled water (which should be cooled for at least 30 minutes after boiling) required into a sterile feeding bottle.
- 5 - 6 Add the correct number of level scoops of Anamix Infant and replace the cap on the bottle.
- 7 Shake well until the powder dissolves thoroughly.
- 8 Test the temperature of your feed by placing a small drop on the inside of your wrist – the liquid should be lukewarm, not hot.

After feeding, throw away any unused formula that your baby has not taken within one hour.

If you need to prepare feeds in advance, make up individual bottles, store in the refrigerator and use within 24 hours.

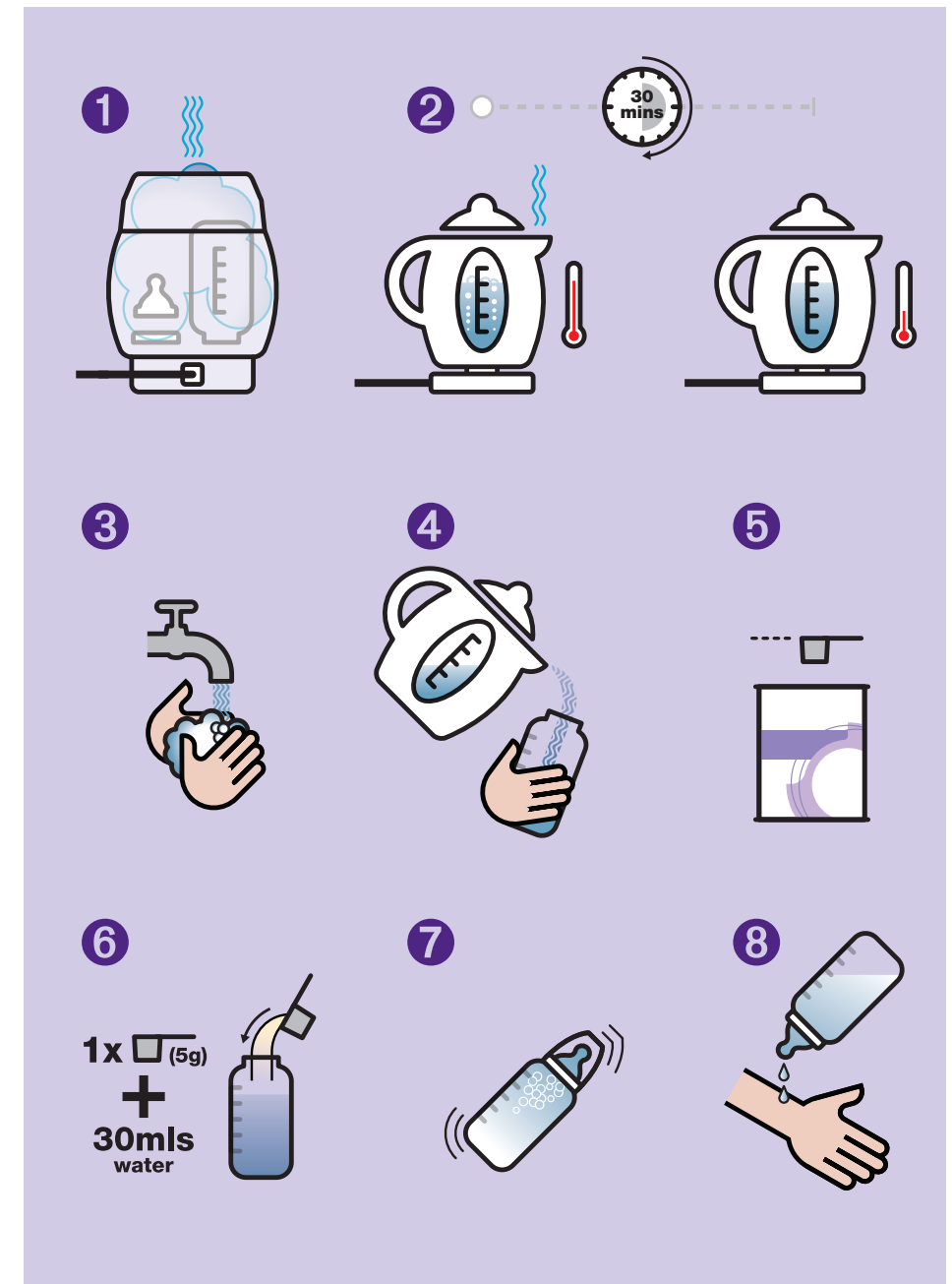
As your baby grows, they will require a larger volume of formula. Your dietitian or doctor will guide you on this bearing in mind:

- Your baby's most recent weight and date it was taken
- The number and volume of feeds your baby is currently taking daily

When your baby begins weaning, your dietitian or doctor will recommend adjusting the amount of formula given depending on their needs. They will also recommend introducing an alternative supplement to gradually replace Anamix Infant to meet the increased nutritional requirements of your child at this weaning stage.

Note: If you are breast feeding, your dietitian will monitor your baby's weight and amino acid levels and advise on the amount of Anamix Infant accordingly.

HOW TO PREPARE ANAMIX INFANT



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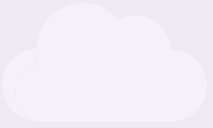
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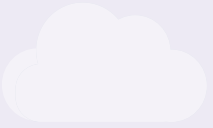
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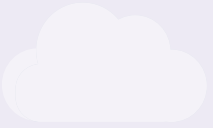
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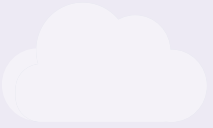
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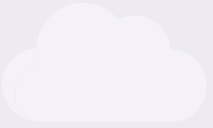
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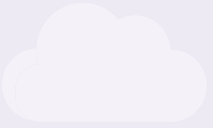
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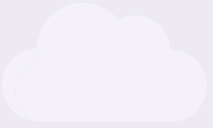
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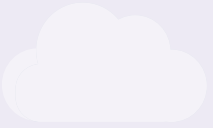
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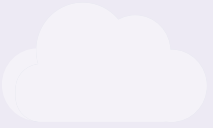
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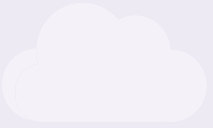
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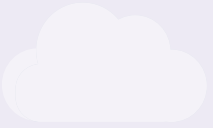
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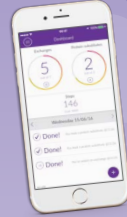
Let's see how we CAN HELP

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Learn more about Anamix 6

If your child is under
10 years of age, they can
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UK: Nutricia Resource Centre on 01225 751098
NI: Metabolic Freephone on 0800 973 216
ROI: Metabolic Freephone on 1800 923 535
or email metabolic@nutricia.com

The Loprofin Range and Sno-Pro are Foods for Special Medical Purposes,
for the dietary management of inherited metabolic disorders and other conditions
requiring a low protein diet and must be used under medical supervision.

Enjoy our range of low protein foods.
Please speak to your dietician
for more information



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METABOLICS

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