

## Sam goes to the Big Low Protein Event!

Today was a big day for Sam and his family. Along with his Mum, Dad and little baby sister, he had been invited to a very special event at a theme park! It was their first time at an event like this and so they were a little nervous.

> "Don't worry about anything at all" said the lady behind the desk as they arrived. "You're going to have a wonderful time!"

"You definitely are!" said the Omega Twins, who were flying past at the time! "Now, just follow us!"





As Sam and his family entered the main room they could see it was full of lots and lots of people of all different ages. Everyone was smiling and in a very good mood!

Chef Derek was also there! "Welcome to your Big Low Protein event!" he said. "I've prepared some really tasty little snacks for you. Would you like to try one? They are perfect for your special diet!"

"Yes please! And I think I know you!" said Sam. "And I think I know who they are too!" as he pointed towards the Anamix 6.



As they moved further into the room they could see lots of very friendly people, all wearing purple tops!

"Welcome to your big low protein event!" said one of the friendly people in purple. "We're so glad you came. Would you like to know more about some foods, snacks and drinks that are especially for you and your diet?"

"Yes please!" said Sam.

"I'm really glad you came too!" said Bones, who was also wearing purple. Bones wore purple all the time!

"Everyone here has a special diet just like you" said Bones.

"Wow" said Sam. "I thought it was just me!"





"Come with me, I'll introduce you to lots of new friends just like you!" said Bones.

"I feel like I'm in a brilliant new gang!" said Sam.

"You are!" said Bones. "Just like the Anamix 6, we're all in this brilliant new gang together. And you are now definitely a part of it!"

Sam and his family started talking with all the other families. "We all have so much in common! This really is a Big Low Protein Event" said Sam.



There was so much to do and look at in the big room. The Anamix 6 were everywhere!

"Can we have a photo with you please?" said Sam to the gang. "Definitely!" said the Anamix 6. "This will be a great memory of the day for everyone, including us!"

And look, I've picked up a brilliant recipe book too" said Mum. Everything looks delicious!

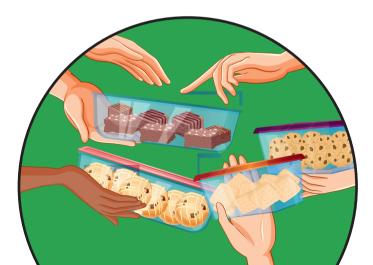
I've tried a new flavour of one of the low protein foods we have at home too" said Sam "And it was yummy!"

"Is anyone ready for more snacks from Chef Derek?" said Megabyte. He was always hungry!

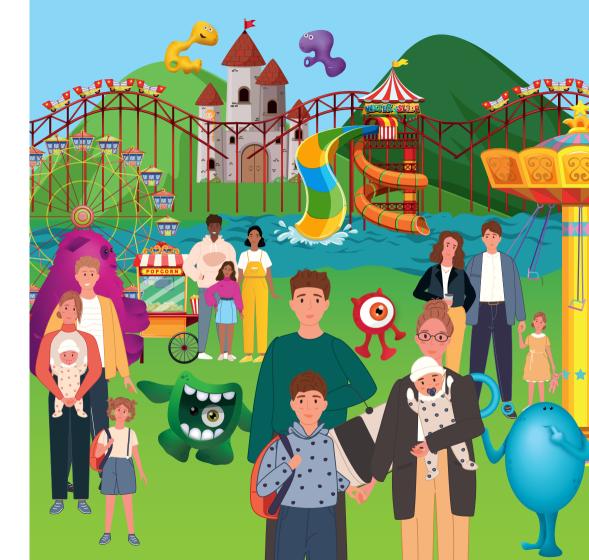




As everyone in the room was sharing all the extra snacks that Megabyte collected, Brains had a brilliant idea (of course!) "Now that we are all friends and officially part of the gang, shall we all go and have some fun together?" said Brains. "Yes please!" said every single person in the room! "OK, let's go. Follow us!" said Bones. And everyone in the room followed the Anamix 6 outside and in to the amazing theme park. "This is going to be so much fun!" said Sam.







"Well that was a brilliant day!" said Sam as he left the theme park with Mum, Dad and his baby sister as the day ended.

"And great to see Chef Derek too!" said Mum.

"Thanks for coming!" said the Anamix 6 and the friendly people in the purple tops. "We hope to see you at the next event!"

"I can't wait!" said Sam. "It's been the best day ever!"



Information intended for patients, and carers of patients, who have been prescribed a low protein diet by a Healthcare Professional. Accurate at time of publication: February 2025

Metabolics

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