

The School Trip

It is a very special day. The Anamix 6 are going on a school trip with all their friends.

"It's cold outside" said Brains, "let's make sure we have all our warm coats, hats and scarves with us today"

There was something else they had to remember too. A special packed lunch to take with them.



Luckily, Megabyte had remembered all about it. He never forgot anything when it came to food!

"Look, I've already made us six special lunch boxes full of all our favourite things!"

The gang peered inside the lunch boxes. He was right! It was packed full of carrot sticks, special muffins and their own special drinks.

It was going to be a very tasty lunch today!



When they arrived, nearly all of their friends had already got on to the coach.

"Is everyone as excited as we are?" said Big Eye.

"Yes, yes, yes!" shouted everyone on the bus. Everyone had wrapped up warm ready for the school trip.

"But where are we going?" said Big Eye.

Then, at the front of the bus, their favourite teacher stood up and began to speak...



"Today we are going on a very special trip to an amazing place", said the teacher. "We're going to a Winter Wonderland where you can play in the snow and see animals that usually live in countries far, far away".

"Wow!" said everyone on the bus.

"I wonder what kind of animals they are?" said Big Eye.

"I wonder if it's too early to eat my lunch?" thought Megabyte.



Soon their coach arrived at a set of giant wooden gates at the edge of a forest.

Behind the gates they could see hundreds of very tall trees. "They look just like Christmas trees" said Bones.

What a surprise when they went through the gates! Everywhere they looked around them was covered in snow!



As they drove up the road slowly, ahead of them they could see an old castle. Even that was covered in snow! Then Big Eye spotted something in the distance.

"What animals are they?" he said as the coach got closer and closer. "They are Reindeer" said the teacher, 'and they love to live in cold weather just like this. Just like you, they also have Winter coats to keep them warm".

"I wonder if they're as hungry as I am" said Megabyte.

"Let's find out" said Brains, who had just had a wonderful idea.



In front of the old castle the gang and all their friends gathered beside the Reindeer. As the children opened their lunchboxes, they slowly came closer, sniffing the air. Then they stopped, right beside the gang!

"I know what they want" said Brains. "A carrot stick!" Brains gave a carrot stick to the teacher and she carefully offered it to the Reindeer, who gently ate it from her hand.

"Look how happy the Reindeer is!" said Big Eye. "His nose is glowing red he's so happy!"

"What a trip this was turning out to be" thought Brains. "Maybe this really is a wonderland?"





Information intended for patients, and carers of patients, who have been prescribed a low protein diet by a Healthcare Professional. Accurate at time of publication: MONTH 2025

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The Anamix 6 Club House at Nutricia Ltd, Newmarket Avenue, White Horse Business Park, Trowbridge, Wiltshire, UK, BA14 OXQ