

anamax



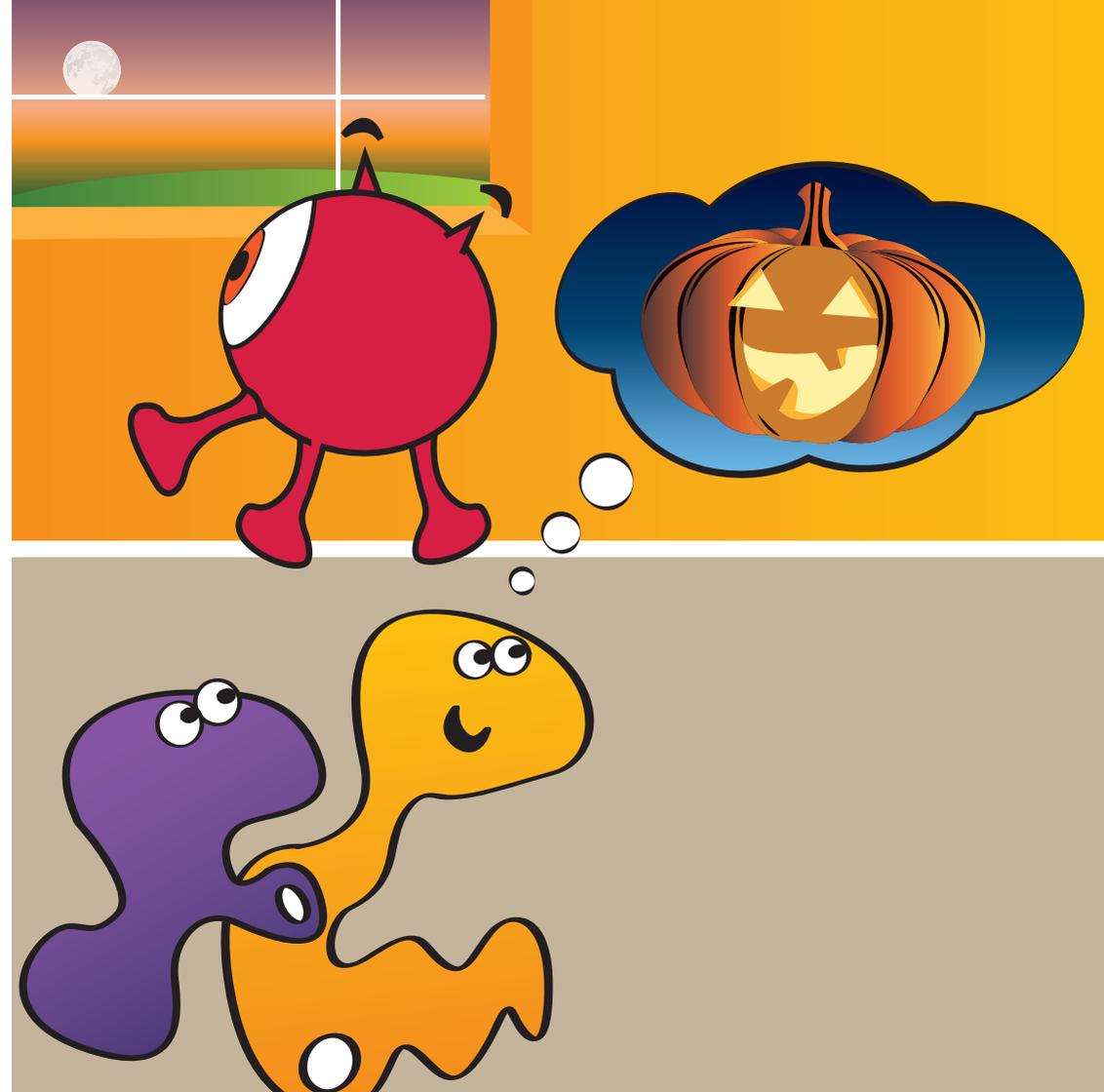
Spooktastic Adventure

The Anamix 6 were sitting in the club house,
looking out of the window.

“It’s starting to get dark earlier and
earlier’ said Big Eye,
‘That means it will be Halloween soon.”

“Oooh, does that mean we can make pumpkin
lanterns?” asked The Omega Twins.

“That sounds like a splendid idea” said Brains.



The next day, the Anamix 6 went shopping for their pumpkins.

“Look how big this one is” said Bones.

“It’s bigger than us!” laughed the Omega Twins.



Back at the club house the Anamix 6 got everything ready to carve their pumpkins.

Brains took charge and said, "We need to make sure that an adult does the carving."

"The fun bit is drawing the face' Big Eye said, 'you just have to decide if you want it to be scary or funny!"

"Our pumpkin is going to be funny" said the Omega Twins.

"Mine is going to be scary!" said Big Eye.

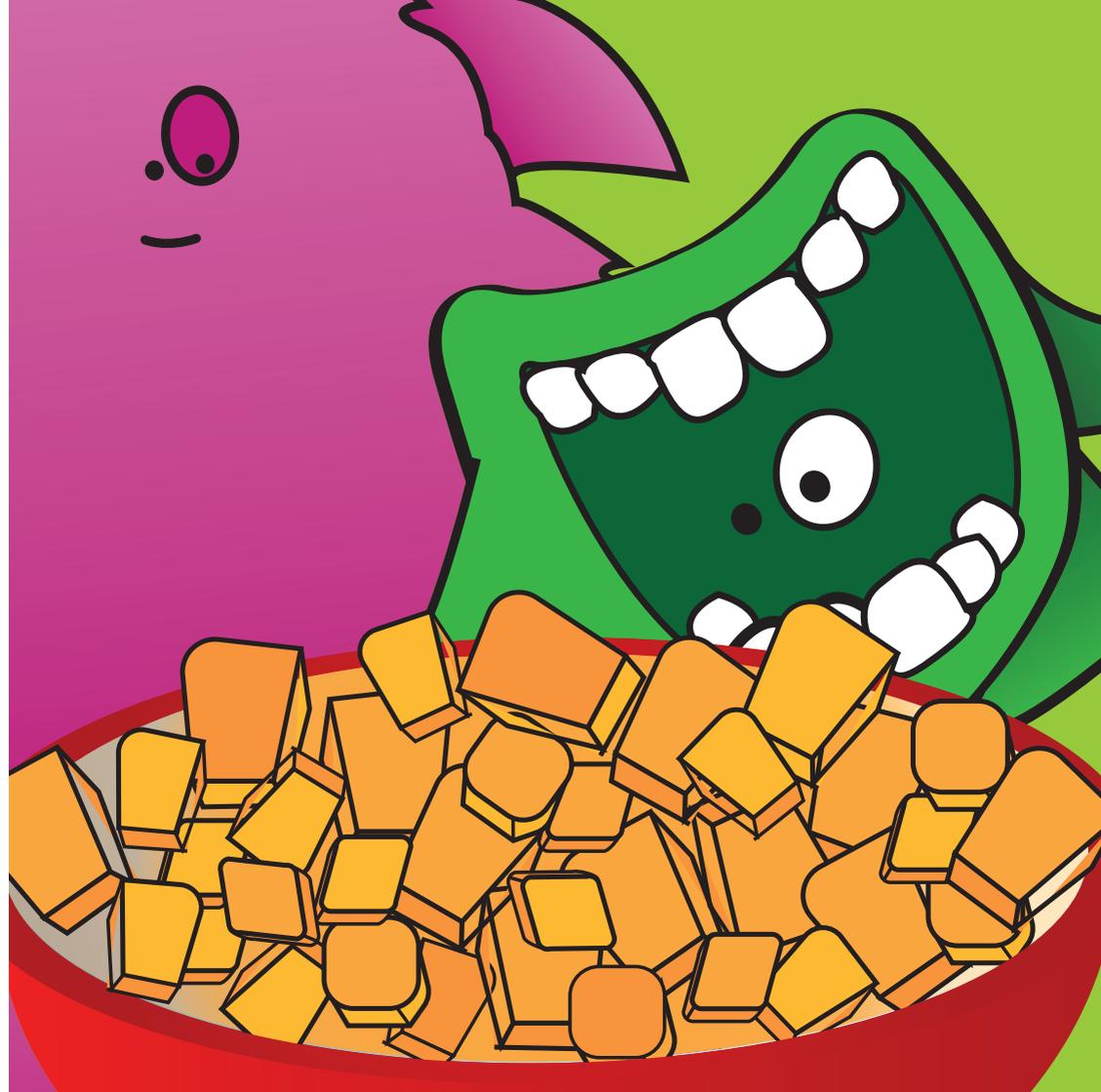


“What are we going to do with all of the leftover pumpkin?” asked Bones.

“We will find a tasty recipe!” said Brains.

Megabyte was very excited to hear that you could eat some pumpkin as well as have so much fun making a lantern!

This was turning out to be a really splendid idea!



What kind of face will you draw
on your pumpkin?

Here are some fun ideas for you to try.

Which one is your favourite?



The gang all gathered round to look at their finished pumpkin lanterns.

“They all look amazing!” said Bones.

“Shall we go out ‘Trick or Treating’ with them?” said Big Eye.

“Oh yes, let’s do that!” said the rest of the gang.

“Did someone mention a tasty recipe?” Megabyte said.



When the Anamix 6 got home from their Trick or Treat adventure they made a lovely pumpkin soup using all the leftover pumpkin.

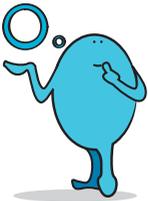
To find the recipe, you just need to visit the Anamix 6 website and go to:

<https://www.anamix6.com/fun-stuff/>
and click on the box that says 'Recipes'.

Enjoy your pumpkin soup!



anamix



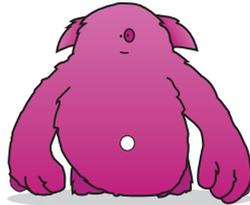
Brains



Big Eye



Megabyte



Bones



Omega Twins

Connect with us:



facebook.com/LowProteinConnect



[LowProConnect](https://www.instagram.com/LowProConnect)



[@LowProConnect](https://twitter.com/LowProConnect)

Email: metabolic@nutricia.com