

**Changes to Aptamil Infant, Follow On and Toddler milks packaging and formulation FAQs – for  
healthcare professional information only**

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## **General questions**

### **1. Which products are changing?**

We will be changing the majority of our Aptamil Infant, Follow On and Toddler formula milk products from February 2022. Please see a list below:

- Aptamil First Infant milk 800g
- Aptamil First Infant milk 700g
- Aptamil First Infant milk 600g
- Aptamil First Infant milk 350g
- Aptamil Hungry milk 800g
  
- Aptamil Follow On milk 800g
- Aptamil Follow On milk 700g
- Aptamil Follow On milk 600g
- Aptamil Follow On milk 350g
  
- Aptamil Anti-Reflux 800g (pack label change only)
- Aptamil Comfort 800g (pack label change only)
  
- Aptamil Toddler milk 1yr 800g (pack label change only)
- Aptamil Toddler milk 2yr 800g (pack label change only)

Changes to liquid formats of the above products will begin March 2022.

All other Aptamil products will not be affected.

### **2. What is changing in the formulation of the affected products?**

We are constantly reviewing our recipes and looking to make improvements. We are removing palm oil from the blend of oils we use in our recipe because we know that this is an important topic for many parents. There will also be changes to the amount of Nucleotides and Taurine.

Please be reassured that all our Aptamil products have been scientifically developed and are safe.

Parents may notice some small differences in smell, appearance or taste of the formula and/or a difference in their child's stool pattern. This is completely normal but if parents do present with concerns, please do not hesitate to contact us. We have a range of tools to help support conversations with parents that we would be happy to provide.

The formulation of Toddler milk was already updated to a palm oil free blend of oils in November 2021 and we are now updating only the pack design.

### 3. Why are Aptamil Comfort or Anti-Reflux not changing formulation?

At the moment, we are not changing the formulations for our more specialised products: Comfort or Anti-Reflux. However, we are constantly reviewing our recipes and looking to make improvements. We will inform you of any changes we make to our formulations in due course.

## Packaging and appearance related questions

### 1. What has changed on the packaging?

We are always looking to make improvements to our packaging and many parents provided positive feedback to the new designs in testing.

The style changes can be seen below. We will be changing the majority of our Aptamil formula milk products from February 2022.



## Ingredient specific questions

### 1. Why did the old formulations contain palm oil?

Our formulations up until now have contained sustainably sourced palm oil to help achieve the desired fat profile in our formula milks. The palm oil used in our products is sourced sustainably from sites certified by a not-for-profit organisation called RSPO (Roundtable on Sustainable Palm Oil). However, we are constantly reviewing our recipes and looking to make improvements, and we are now removing palm oil from the blend of oils we use in our recipes because we know that this is an important topic for many parents.

## **2. What is palm oil being replaced with?**

We are removing palm oil from the blend of oils we use in our recipe and replacing it with a blend of currently used vegetable oils: high oleic acid sunflower oil, coconut oil, rapeseed oil and sunflower oil. These are widely used in other baby formulas in the market.

## **3. I have seen that the levels of Taurine and Nucleotides have changed – what are these ingredients?**

Taurine: Taurine is an amino acid. There are many types of amino acids, which are the building blocks of protein.

Nucleotides: Nucleotides are substances that can be synthesised in the body from amino acids and form the basis of Deoxyribonucleic acid (DNA) and Ribonucleic acid (RNA).

## **4. I have seen that the levels of Taurine and Nucleotides have changed – why have these changed?**

As a global company, in addition to the removal of palm oil from the blend of oils we use in our recipes, we have also taken the opportunity to standardise our recipes across Europe which is why you may also notice some minor changes to some of the levels of other vitamins, minerals and other nutrients in our formulations.

## **Formula preparation questions**

### **1. Can parents use the old and new formulations together?**

Yes, both the old and new formulations have been developed by trusted scientists and can be used safely together, but not mixed within the same feed. For support with transitioning parents between old and new formulations, please view our available here [Formula transitioning tool \(nutricia.co.uk\)](https://www.nutricia.co.uk/formula-transitioning-tool)

### **2. What can I advise parents if the new formula looks and prepares differently to the old formula?**

All our formulas are different and are sensitive to the way they are prepared. As an example, if the water temperature is too hot, this may cause the product to form small lumps. This is because the proteins have changed shape. Also, if the bottle has not been shaken in the correct way, parents may see lumps. Rest assured the formula is still safe to consume, but optimal preparation instructions can be seen on pack and should always be closely followed.

For support on safe formula preparation please use our 'Guide to making up a bottle feed' which is unbranded and is suitable for sharing with parents, available here [Guide to making up a bottlefeed \(nutricia.co.uk\)](https://www.nutricia.co.uk/guide-to-making-up-a-bottle-feed)

### **3. What action do I take if a parent reports their child not tolerating the new formulation?**

Formula milks are one of the most strictly regulated and tested food products in the world, so we can assure you that both the current and soon-to-be reformulated Aptamil formula milk products have been developed by trusted scientists and are safe for babies.

Every baby is different, and when making any changes to their usual feed, some babies may need some time to adapt and may experience some changes to their digestive pattern such as changes in stool colour and consistency, but this is completely normal.

Close adherence to the preparation instructions on pack, using the correct temperature of water and shaking method, is very important.

If preparation guidelines are being followed and the parent needs more support, you may wish to utilise our formula transitioning tool. This tool can be downloaded here: [Formula transitioning tool \(nutricia.co.uk\)](https://nutricia.co.uk) and shared with parents as a guide to gradually titrate over to the new formulation in a slow and controlled manner.

Should the parent require a short-term supply of the old formulation until transitioned fully onto the new formulation, we have ensured that there will be some limited stock available on our webshop [Aptamil® Shop | Baby Milks, Specialist Milks & Cereals | Aptashop](#) to support more sensitive babies.

If you would prefer to speak with us regarding any of your concerns, please contact the healthcare professional helpline on 01225 751098. We are available Monday to Thursday 9am-5pm and Friday 9am-4pm (except Bank Holidays)

## **Aptamil Advanced specific questions**

### **1. What is Aptamil Advanced?**

Aptamil Profutura Baby and Toddler milks are now called Aptamil Advanced. Aptamil Advanced Baby and Toddler milks are the same formulation as Aptamil Profutura, it has simply been renamed. There have been no recipe changes. Aptamil Profutura Ready to Drink products are also changing their name to Aptamil Advanced Ready to Drink, but again, there will be no recipe changes.

### **2. What has changed between Aptamil Profutura and the New Aptamil Advanced?**

There have been no recipe changes but we have changed the packaging for Aptamil Advanced Baby and Toddler milks into a new tin. This tin has 50% less plastic than the other current Aptamil Profutura packs and has a triple safety seal to ensure product freshness and safety. In addition, we have also evolved to a new modern design for our Aptamil Advanced brand.

### **3. Is Aptamil Advanced Infant Milk available in hospitals?**

Yes, Aptamil Advanced Infant Milk 24x70ml Ready to Feed bottles will replace the existing Aptamil Profutura Infant Milk 24x70ml Ready to Feed bottles that are currently available in hospitals in the UK.

**IMPORTANT NOTICE:** Breastfeeding is best. Infant milk is suitable from birth when babies are not breastfed. Follow-on milk is only for babies over 6 months, as part of a mixed diet and should not be used as a breastmilk substitute before 6 months. We advise that the use of formula milks and the decision to start weaning should be made only on the advice of a doctor, dietitian, pharmacist or other professional responsible for maternal and child care based on baby's individual needs. Use Toddler milk as part of a varied, balanced diet from 1 year. Foods for special medical purposes should only be used under medical supervision. May be suitable for use as the sole source of nutrition for infants from birth and/or as part of a balanced diet from 6-12 months. Refer to label for details.