



## HEAVY ON PROTEIN LIGHT ON THE GUT

This information is intended for  
healthcare professionals only.

**NUTRICIA**  
**Nutrison**  
**Peptisorb Plus HEHP**

## UP TO 45% OF PATIENTS WITH GASTROINTESTINAL (GI) DISORDERS ARE AT RISK OF MALNUTRITION<sup>1,2</sup>

Patients with GI disorders can present with several symptoms, including diarrhoea, bloating, abdominal pain and vomiting.<sup>3</sup>

If symptoms are improperly managed, this may lead to:

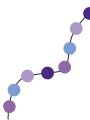
- ↓ nutritional intake
- ↑ nutritional losses
- ↑ malnutrition risk

ESPEN guidelines emphasise the importance of nutritional support in patients with GI disorders.<sup>4,5</sup> However, tolerance to tube feeds containing whole proteins and fats is often poor in these patients.<sup>3,6</sup>


In patients with GI disorders, when absorption and digestion of nutrients is impaired, peptide-based feeds have been shown to improve tolerance.<sup>3,6</sup>

## INTRODUCING NUTRISON PEPTISORB PLUS HEHP


Nutrison Peptisorb plus HEHP is a new peptide-based option for tube-fed patients with GI intolerance symptoms, designed to improve their tolerance and increase their nutritional intake.




Peptide-based  
100% whey protein



High protein  
tube feed\*



Readily absorbed MCT  
60% of fat



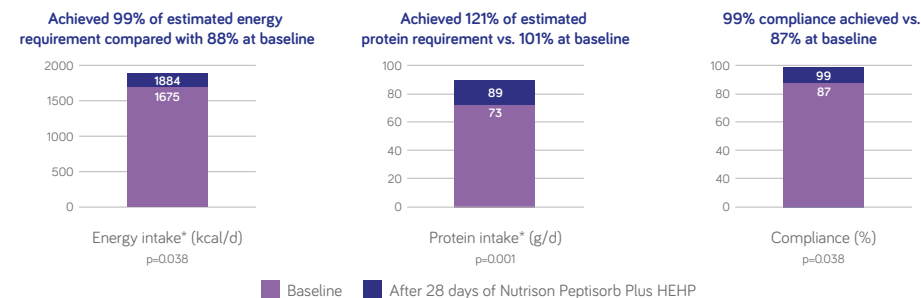
High levels of sodium  
and potassium to help  
minimise losses\*\*

\*75 g/100 ml protein \*\*Sodium 197 mg/100 ml, potassium 340 mg/100 ml

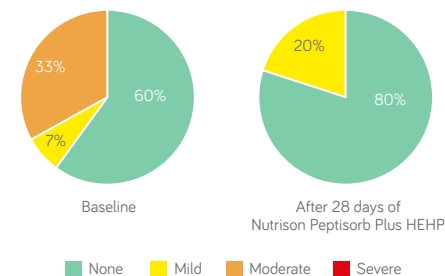
## NUTRISON PEPTISORB PLUS HEHP IS PROVEN TO IMPROVE GI TOLERANCE AND INCREASE NUTRITIONAL INTAKE<sup>6</sup>

Nutrison Peptisorb Plus HEHP was tested in a 28-day clinical study in adult tube-fed patients with complex conditions, in 10 NHS centres around the UK.<sup>6</sup>

Nutrison Peptisorb Plus HEHP was found to be well tolerated and accepted with excellent compliance and no change in anthropometry:<sup>6</sup>



Nutrison Peptisorb Plus HEHP was also shown to significantly reduce the severity of diarrhoea symptoms (p=0.023):<sup>6</sup>



- Nutrison Peptisorb Plus HEHP showed an improvement in 6 out of 7 GI symptoms<sup>6†</sup>

86% of dietitians felt that patients tolerated and/or exceeded tolerance expectations<sup>6</sup>

*"Patient [was] fully compliant and tolerated the product well. This is the highest (and healthiest) weight this patient has ever been"*

†Improvements seen in bloating, flatulence, burping, abdominal pain, nausea and constipation. The only exception was an episode of vomiting. However, the patient completed the trial with no GI tolerance or compliance issues.

## NUTRITIONAL VALUE PER 100 ML

Energy	150 kcal
Protein	7.5 g
Protein source	Peptide-based, 100% whey protein
% Energy from Protein	20%
% Energy from Carbohydrates	50%
MCT	3 g
Fat source	MCT:LCT 60:40
% Energy from Fat	30%
Vitamin D	2 µg
Sodium	197 mg (8.6 mmol)
Potassium	340 mg (8.7 mmol)
Osmolarity	445 mOsmol/l
pH	Neutral (7.6)
ACBS approval	Yes

Presentation	Order code	PIP code	AAH code
500 ml	157751	415-4142	NUT0475E
1000 ml	157750	415-4134	NUT0476A

Please visit [www.nutriciaHCP.com](http://www.nutriciaHCP.com) for a detailed nutritional breakdown.

Nutrison Peptisorb Plus HEHP is a Food for Special Medical Purposes for the dietary management of disease related malnutrition in patients with malabsorption and/or maldigestion and must be used under medical supervision.

**References:** 1. Meijers JM, *et al. Br J Nutr.* 2009; 101(3):417-23. 2. Russell CA *et al.* Nutrition Screening Week in the UK and Republic of Ireland in 2011. Hospitals, care homes and mental health units. *Redditch*; 2012. 3. Alexander DD *et al. World J Gastrointest Pharmacol Ther.* 2016; 7(2):306-19. 4. Pironi L, *et al. Clin Nutr.* 2016; 35(2):247-307. 5. Forbes A *et al. Clin Nutr.* 2017; 36(2):321-47. 6. Nutricia UK ACBS trial, data on file 2020.

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