



NEOCATE JUNIOR PARENT GUIDE

This guide is intended for parents or carers of children who have been prescribed Neocate Junior by a Healthcare Professional. Accurate at time of publication: September 2018.



NUTRICIA
Advanced Medical Nutrition

WELCOME

Welcome to your Neocate Junior Parent Guide. Inside this booklet, you will find all of the information that you will need to get your child started on Neocate Junior.

Neocate Junior is a Food for Special Medical Purposes for the dietary management of Cow's Milk Allergy, Multiple Food Protein Allergies and other conditions requiring an Amino Acid-based Formula, and must be used under medical supervision after full consideration of all feeding options including breastfeeding.



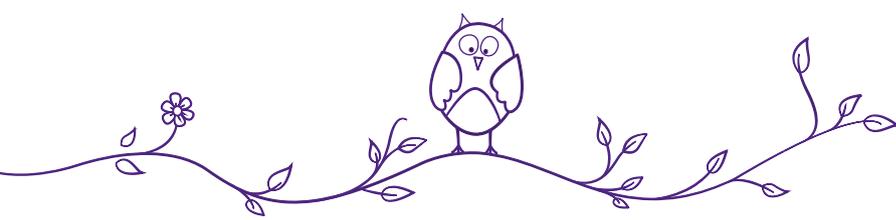
NOTES FROM YOUR DOCTOR OR DIETITIAN

CHILD'S NAME:

RECOMMENDED VOLUME OF NEOCATE JUNIOR PER 24 HOURS: DATE RECOMMENDED:

RECOMMENDED FEEDING INSTRUCTIONS FOR NEOCATE JUNIOR:

ADDITIONAL GUIDANCE:



WHAT IS NEOCATE JUNIOR?

Neocate Junior is an amino acid-based, hypoallergenic formula specifically designed for use in the dietary management of children from 1 year of age with Cow's Milk Allergy (CMA), Multiple Food Protein Allergies (MFPA) or other indications that require an amino acid-based formula.

Neocate Junior does not contain any cow's milk protein and it is manufactured in a cow's milk-free environment and packaged in a protective atmosphere to provide a high quality product.

Neocate Junior can be used to fully meet your child's nutritional requirements or to provide additional nutrients to support a restricted diet.

Neocate Junior is available in Unflavoured, Strawberry and Vanilla flavours. Please speak to your healthcare professional for more information.





WHY HAS MY CHILD BEEN PRESCRIBED NEOCATE JUNIOR?

Neocate Junior has been prescribed by your Doctor or Dietitian because your child:

- Is 1 year of age or older and
- Requires a hypoallergenic formula because of a diagnosis of Cow's Milk Allergy, Multiple Food Protein Allergies, or another condition where an amino acid-based formula is indicated, such as Food Protein Induced Enterocolitis Syndrome, Eosinophilic Oesophagitis or malabsorption.

MY CHILD IS ALREADY ON A HYPOALLERGENIC / AMINO ACID-BASED FORMULA - WHY DO WE NEED TO SWITCH TO NEOCATE JUNIOR?

As children get older their nutritional requirements change. It is important to ensure that their formula is adapted so that it continues to provide sufficient energy, protein, vitamins and minerals.

PREPARING NEOCATE JUNIOR



1 Wash your hands and clean the preparation area.



2 Use clean equipment to prepare the feed. Always use the scoop provided in the tin.



3 Measure the required amount of warm or cool water into a container. Please note: Neocate Junior is best served chilled.



4 Add the prescribed number of scoops of Neocate Junior into the water. The scoop provided holds 7.3g of Neocate Junior.



5 Cover and shake or whisk until the powder has been dissolved.



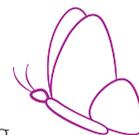
6 Once prepared, refrigerate and consume within 24 hours.



7 Any formula remaining in the container after one hour of feeding should be discarded.[†]



8 Shake or stir the feed immediately before serving.



Guidance to prepare the standard dilution of 1kcal/ml[†]

Add 1 level scoop (7.3g) to every 30ml water

Scoops	Water (ml)	Total volume (ml)
1 Scoop	30 	35
3 Scoops	90 	105
6 Scoops	180 	210
7 Scoops	210 	245
10 Scoops	300 	350

[†]If your child is tube fed, Neocate Junior can hang for a maximum of 4 hours.

*1kcal/ml is the standard recommended dilution of Neocate Junior. Neocate Junior can instead be prepared to be more dilute (0.69kcal/ml) or more concentrated (1.26kcal/ml), however you should always follow the advice of your Doctor or Dietitian about which dilution your child requires. Ask your Doctor or Dietitian for advice if you are unsure, or to obtain mixing guidance for these alternative dilutions.



WHAT TO EXPECT WHEN FIRST USING NEOCATE JUNIOR

- ✓ Neocate Junior has a great taste and is available in three different flavours (Unflavoured, Vanilla and Strawberry) but it does taste different to other formulas, including amino acid-based infant formulas such as Neocate LCP.
- ✓ If needed, there are some tips within this booklet to help gradually transition your child onto Neocate Junior to help them get used to the new taste.
- ✓ If in the first few weeks after transitioning over you notice that your child starts drinking larger amounts of Neocate Junior compared to their previous formula, this is a good sign, indicating that your child accepts the new formula.
- ✓ Follow your Doctor or Dietitian's advice on how much Neocate Junior to feed your child each day.

Always speak to your child's Doctor or Dietitian if you have any concerns.





HELPFUL HINTS AND TIPS

- Introduce Neocate Junior as soon as possible after it has been prescribed.
- If your child is currently taking another formula, you can introduce Neocate Junior gradually alongside the other formula (see section *Gradually transitioning your child from their current formula onto Neocate Junior on page 9*).
- Neocate Junior can be added to certain foods and recipes; however, you should always follow your Doctor or Dietitian's advice before introducing a new food into your child's diet.
- Neocate Junior can be offered in a beaker, bottle, cup or as a tube feed.
- Be careful not to boil prepared Neocate Junior as this may affect the vitamin & mineral levels in the formula. Do not use a microwave oven to prepare or warm formula.

Always speak to your child's Doctor or Dietitian if you have any concerns.







GRADUALLY TRANSITIONING YOUR CHILD FROM THEIR CURRENT FORMULA TO NEOCATE JUNIOR

While many children will tolerate a direct switch from their current formula to Neocate Junior, some sensitive children may need to be transitioned more slowly onto Neocate Junior. This gradual transition can be achieved by mixing Neocate Junior with your child's usual formula.

Depending on the severity of your child's past or usual symptoms, your Doctor or Dietitian may recommend that you introduce Neocate Junior even more gradually than is shown here. Always follow your Doctor or Dietitian's advice which is tailored to your child's needs.

An example of a step by step transition onto Neocate Junior is shown on the next page.



Day 1-3

Make up your child's usual formula to $\frac{3}{4}$ (75%) of what they should take in that feed. Then make up the remaining $\frac{1}{4}$ (25%) of the feed with Neocate Junior. Repeat this for each feed for three days.

Day 4-6

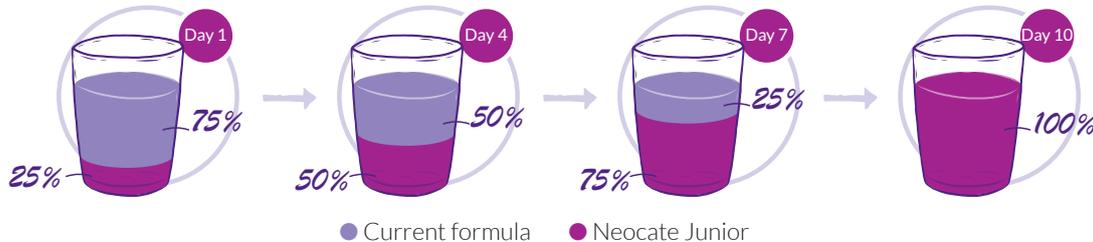
Make up $\frac{1}{2}$ (50%) of the required amount of their usual formula, and the remaining $\frac{1}{2}$ (50%) of the feed with Neocate Junior. Repeat this for each feed for three days.

Day 7-9

Make up $\frac{1}{4}$ (25%) of the required amount of their current formula, and the remaining $\frac{3}{4}$ (75%) with Neocate Junior. Repeat this for each feed for three days.

Day 10-12

If tolerated, mix up the full recommended amount of feed with Neocate Junior. If your child does not accept the increasing amount of Neocate Junior during the transition period, reduce the amount of Neocate Junior to the amount provided on the previous day, and increase the amount more gradually until accepted.



For guidance only. Always follow the advice of your child's Doctor or Dietitian.

Supporting you

Dedicated Helpline

UK: 01225 751 098

NI: 0800 783 4379

ROI: 1800 923 404

MyNeocate App

Download the MyNeocate App from the App Store for tools, tips, recipes and articles to help you manage your child's allergy



myneocate.co.uk

A support website full of advice, recipes, videos and FAQs for parents of children who have been prescribed Neocate

cowsmilkallergy.co.uk

A website dedicated to giving you all the information you need on Cow's Milk Allergy



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